



Spring into Summer

SUMMER CITY PROGRAMS BEGIN:

The week of June 7th

28TH ANNUAL YMCA FUN RUN

Wednesday, August 4th
Registration start @ 5:30 PM

Race start and finish will be at Olson Park.
There will be three runs: 1/2 Mi, 1 Mi, & 5K Race

Entry forms will be available in July at the YMCA. All runners will receive a YMCA Fun Run T-shirt and Drink.

ENTRY FEE:	YMCA Members	\$10.00
	Non-Members	\$12.00

YMCA T-BALL: for Kindergarten and Pre-Kindergarten

T-Ball is a summer baseball program designed especially for those entering Kindergarten and Kindergarten graduates. The program will give children the opportunity to have fun learning the fundamentals of baseball while under adult supervision. T-Ball uses equipment especially designed for this age group. Special sized bats and balls, that are designed not to hurt on contact, will be used. As their skills improve, it is our hope that the kids will have fun first in this age appropriate designed program.

YMCA PEE-WEE LEAGUE: for 1st and 2nd Grade Graduates

In PeeWee League their coach will pitch to the kids. Please remember this is an age appropriate activity developed for this age group and our first priority is for the kids to have fun. Those requesting a tee may also hit off a tee where appropriate.

KICKBALL LEAGUE:

For all adults out there that need to relive those elementary school play-ground years or for those of you that still can't let go of those childhood memories of being king of the kickball field, here is your opportunity. Join the Worthington YMCA adult Co-Rec Kickball League! Leagues are offered in the summer. Participants must be 16 years or older. At least 11 people must be on a team, with no more than 20. Space is limited so don't wait. You won't want to miss this exciting opportunity to act like a kid again!

PRE-SCHOOL DAY CAMP:

The YMCA will be offering a Pre-School Day Camp Program this summer for boys and girls 3 to 5 years of age. The program will consist of special games, arts and crafts, snacks and lots of fun! Under caring adult supervision.

GIRLS YMCA BASKETBALL CAMP, MN WEST COMMUNITY COLLEGE:

Directed by Rosalie "Moz" Hayenga

June 14th - 18th 2010

Held at Prairie Elementary, Camp T-Shirt for each camper. Our objective is to help each individual that attends the camp to gain a stronger understanding of the game of basketball. We will stress fundamental improvement with an emphasis on having fun.

SEE FLYER FOR DETAILS ON ABOVE CLASSES

Birthdays are a piece of cake at the Worthington Area YMCA!

*Are you looking for a fun, inexpensive, and action-packed way to celebrate your child's birthday? Join us at the Worthington Area YMCA!

*Our brand new facility offers countless opportunities for kids of all ages to participate in a variety of activities including swimming, gym games, crafts and much more!

*Birthday packages include a party room, use of the Aquatics Center and/or gymnasium, a personalized birthday cake, and birthday boy or girl T-shirt.

*For more information call Katie at the Worthington Area YMCA (507-376-6197) today to reserve your 2 hours of birthday adventures. All reservations are first come, first serve!

YCHILD WATCHSM

The Worthington Area YMCA operates a Child Watch Program so those parents may participate in YMCA activities. This Childcare Program is for children 6 months of age through 2nd grade. Parents are asked not to leave the facility while their children are in childcare. Hours are subject to change based on need and usage.

Times:	Mon., Wed., Fri.	9:00 - 11:00 AM	Starting June 9th
	Mon., Wed.	5:00 - 7:00 PM	Starting June 9th
YMCA Members	FREE		
Non Members	\$2.00 per hour/first child		
	\$1.00 per hour/each additional child		

CITY PROGRAM FEES:

Due at time of registration. A \$10.00 Discount will apply if registered before the deadline listed on registration form.

TENNIS INSTRUCTION:

Our instructors will conduct Beginning Intermediate & Advanced Tennis Lessons for boys and girls who are eight years of age and older. Students must provide their own racquets and ball. All instruction will be at the SR High tennis courts.

MEETS: Beginners	Mon, Wed, Fri	10:30 to 11:30 AM
Intermediate	Mon, Wed, Fri	11:30 AM to 12:30 PM

FEE: \$38.00 City User Fee

TRACK AND FIELD:

This is a very popular program for boys and girls ages 8 to 16 years. The program is designed to increase skills in track and field events. It is an excellent opportunity to try out new athletic events. Program meets at TROJAN FIELD TRACK. Hershey Track meet is Saturday June 19th in Worthington

MEETS: 6 to 9 year olds	Mon, Wed, Fri	9:00 to 10:00 am
10 and above	Mon, Wed, Fri	10:00 to 11:00 am

FEE: \$38.00 City User Fee

FUN & ADVENTURE DAYCAMP PROGRAM:

This is a wonderful program for children in the summer. At the YMCA a supervised program of crafts, games, special events, story telling and singing are held. The program is especially designed for grade school age youngsters with a minimum age of 6 years or completed Kindergarten..

MEETS: Mondays, Wednesdays, Fridays 9:30 to 12:00 noon

FEE: \$46.00 City User Fee

YOUTH BASESBALL & SOFTBALL:

For 3rd grade through 6th grade graduates. All games and practices held at Minnesota West Community College Ball Diamonds. **Registration & Information materials have been passed out in the schools.**

ROOKIE LEAGUE:

For 3rd and 4th grade graduates. Practices with the Team Coaches will begin in late May & Tuesday and Thursday mornings beginning June 7th. Games played at 5:30 or 6:45 PM Mon or Wed. Parents are needed to help coach games. YMCA instructors will conduct morning practices and parents will be recruited as coaches for games. Each team will play in scheduled games with a tournament held at the end of the season. **Registration & Information materials have been passed out in the schools.**

FEE: \$43.00

JR LEAGUE:

For 5th and 6th grade graduates. Practices with the Team Coaches will begin in late May & Tuesday and Thursday mornings beginning June 8th. Games played 5:30 or 6:45 PM Tues and Thurs. YMCA instructors will conduct morning practices and parents will be recruited as coaches for games. Each team will play in scheduled games with a tournament held at the end of the season Registration & Information materials have been passed out in the schools.

FEE: \$47.00

GIRLS SOFTBALL:

For girls 3rd grade graduates through 6th grade graduates. Practices with the Team Coaches will begin in late May & Tuesday and Thursday mornings beginning June 8th. Games will be played on Mon and Wed at 5:30 or 6:45 PM at the College Upper Diamond. YMCA instructors will conduct morning practices and parents will be recruited as coaches for games. Each team will play in scheduled games with a tournament held at the end of the season Registration & Information materials have been passed out in the schools.

FEE: \$46.00

CITY OF WORTHINGTON JR GOLF PROGRAM: (Conducted and Managed by city of Worthington Staff.)

FOR: Boys & Girls 6-15 yrs old	WHERE: Prairie View Golf Links
COST: \$42.00 City User's Fee	TIME: Mondays, Thursdays 1:00 - 3:00 PM

SEE FLYER FOR DETAILS OR STOP IN TO THE YMCA TO REGISTER

RENTALS

SEASONAL OUTDOOR POOL RENTALS:

Enjoy a warm summer night all to yourselves with your group in our new outdoor pool, featuring zero-depth entry, 2 drop slides, sprinklers, and much more! Both deck and lawn space are easily accessible.

*Available Sunday evenings from 6 - 9 PM
*Cost \$75.00/hr

FACILITIES FOR RENT:

*Gymnasium	\$75.00/hr
*Conference Room	\$25.00/hr
*Pool 1 - 30 people	\$100/hr
*Pool 31 - 100 people	\$165/hr

Contact Katie Furth
at the YMCA for
rental information today!!

OVERNIGHT PARTIES:

Come to the YMCA all night long! Great for Churches, Schools, Scout Troops, After Prom Parties, and much more! Facilities include: Swimming Pool (lap & recreational with multiple water features), Gymnasium, Meeting Room & Kitchen.

*Overnight parties generally run
9:00 PM - 6:00 AM

*Up To 50 people	\$350
*51-100 people	\$450
*Over 100 people	ASK!